## Tips for De-Cluttering in 2019

Whether you have hoarding tendencies or just need to get more organized, de-cluttering your home can have a highly positive impact on your life. Here are some tips to help you get started.

- Ensure Safety: Wear protective gear such as disposable gloves, goggles and dust masks. Keep a fire extinguisher, bug spray, a flash light and first aid kit on hand.
- Designate Space: To get the clutter out of the house, set aside a portion of the yard that is designated for sorting, trash and debris.
- ☐ **Handle Things Once:** Take time to make a decision about an item in that moment so that you don't have to handle it again later.
- Sort and Put Things in a Box: Designate boxes for sorting things that you want to keep and things you want to donate.
- ☐ **Get a Cleaning Partner:** Ask a friend or family member to help you form a plan for cleaning and organizing your home.

- ☐ **Get Cleaning Supplies:** Have heavy-duty trash bags, buckets, empty boxes, disinfectants, and cleaning agents on hand and easily accessible.
- □ Clean the Bathroom: Throw away all expired prescriptions and medicines. Clean countertops, sinks, bathtubs, toilets, and showers.
- ☐ Clean the Kitchen: Clean and disinfect your countertops, floors, trash cans, sinks, and your appliances.
- Laundry: Wash and dry clothes on a weekly basis and put them away as soon as they come out of the dryer.
- ☐ **Take Out the Trash:** Remove trash such as garbage, cans and plastic bottles, old newspapers and rotten food frequently.

\* Once your home is clutter-free, any necessary repairs should be made immediately.

If your home has suffered fire or water damage, PuroClean Restoration Specialists can help!

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